

HOW TO LIVE UNITED: JOIN HANDS.

OPEN YOUR HEART.
LEND YOUR MUSCLE.
FIND YOUR VOICE.

GIVE 10% GIVE 100%
GIVE 110%.

GIVE AN HOUR.
THINK OF WE BEFORE ME.

REACH OUT A HAND TO ONE AND
INFLUENCE

THE CONDITION OF ALL.

GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED.™



JOSLYN WILLIAMS
PRESIDENT, METROPOLITAN
WASHINGTON COUNCIL, AFL-CIO



AFL-CIO Community Services and United Way Partnership

Want to make a difference? Help create opportunities for everyone in your community. United Way and the labor movement are creating real, lasting change where you live, by focusing on education, income and health. That's what it means to Live United. For more visit LIVEUNITED.ORG.