

Community Services Agency of the Metropolitan Washington Council AFL-CIO
815 16th Street, NW, Suite 1100, Washington, DC 20006
www.communityservicesagency.org / 202-974-8226 / sducote@dclabor.org

RESOURCES TO HELP SURVIVE ECONOMIC IMPACT OF CORONAVIRUS

Links to File for Unemployment: Note: FILE IN THE STATE WHERE YOU WORK

District of Columbia: <https://does.dc.gov/service/start-your-unemployment-compensation-process>

Virginia: One week waiting period and job search requirement suspended. <http://www.vec.virginia.gov/unemployed>
<http://www.vec.virginia.gov/unemployed/online-services/apply-for-unemployment-benefits>

Maryland: <http://www.dllr.state.md.us/employment/unemployment.shtml>

Additional information about Maryland Unemployment (includes Spanish, French and Chinese Information Sheets:
<http://labor.maryland.gov/employment/uibenefits.shtml>

Limited Financial Assistance

- Community Services Agency of the Metropolitan Washington AFL-CIO (Must obtain Emergency Assistance referral from a Metropolitan Washington Council affiliated union.) Email referral to sducote@dclabor.org
Must not have previously received emergency assistance. Based on available funding.
- Catholic Charities of the Archdiocese of Washington <https://www.catholiccharitiesdc.org/>
- Northern Virginia Family Service (NVFS) <https://www.nvfs.org/shutdown-help/> Email: shutdown@nvfs.org
571-748-2552- Messages will be returned within 24 hours. Please bring employer identification and demonstration of financial need.
- Arlington Thrive, Arlington, VA <https://arlingtonthrive.org/> Click link under “Need Help”
Must be referred by an Arlington County social worker or an Arlington Thrive partner: Arlington County Department of Human Services, Arlington Partnership for Affordable Housing (APAH) Arlington Street People’s Assistance Network (A-SPAN, Bridges to Independence (B2i), Sullivan House, Doorways for Women and Children, Northern Virginia Family Services, Offender Aid and Restoration (OAR), Phoenix House, Virginia Hospital Center, Volunteers of American Resident Program Center. ***If you are not working with a social worker call 703-228-1360 and tell them you need immediate help.***

Mortgage & Rental Assistance

- Neighborhood Assistance Corporation of America <https://www.naca.com/home-save/>
or call 281-968-6222
- DC Department of Human Services (must be income eligible) <https://dhs.dc.gov/service/emergency-rental-assistance-program>
- Maryland Department of Social Services (must have children) <http://dhr.maryland.gov/weathering-tough-times/emergency-assistance/>
- United Community Ministries Inc., Alexandria, VA
https://www.rentassistance.us/li/united_community_ministries_inc

Pharmacy & Health

- Union Plus Prescription Discount Card
Visit: <https://www.unionplus.org/benefits/health/prescriptions>
- Union Plus Health Savings
<https://www.unionplus.org/benefits/health>
- Maryland Health Connections opened a special open enrollment period through April 15 for Marylanders without health insurance. <https://www.marylandhealthconnection.gov/>

Legal

- Union Plus Legal Program
<https://www.unionplus.org/benefits/home/legal-help>
- Prince Georges County Residents: Community Legal Services – Get help with civil legal questions including family law, landlord & tenant and domestic violence.
www.clspgc.org Hotline: 240-391-6370

Information on Multiple Resources (emergency shelter, healthcare and food)

- United Way Helpline www.211.org, dial 211 from your cell phone or dial the 10-digit number in your jurisdiction:
District of Columbia 1-202-463-6211
Maryland 1-301-864-7161
Virginia 1-800-230-6977
- Interfaith Conference of Metropolitan Washington <https://ifcmw.org/resources/emergency-services-directory/>
- BG&E Community Resource Guide:
https://www.bge.com/MyAccount/CustomerSupport/Documents/2019%20BGE%20Community%20Resource%20Guide_English_WEB.pdf

Help Working with Creditors and Other Benefits

- United Way Financial Empowerment Center via phone: 703-704-6101. Schedule appointments to get workforce development help, tax consultation and preparation assistance. Open to DC, MD and VA residents.
- Union Plus Credit Counseling Program <https://www.unionplus.org/hardship-help/credit-counseling>
- Union Plus Hardship Assistance <https://www.unionplus.org/hardship-help/union-plus-hardship-help-benefits>
Must have a Union Plus credit card, mortgage or loan to qualify.

